

Wednesday, 13th October

Hall in Pipera 1

Opening ceremony

18.00 – 18.30 Entrance. Access is free in order of arrival, according to the number of available places. If the hall is full, Entrance will only be permitted to the guests of the Congress (the ones who give lectures).

18.30 Opening ceremony

Introducing our guests

Artistic moment

SESSION1

Chairman: Swami Mahalayananda, Portugal

[L01] Monica Dascălu, MISA Romania [RO 30 min]

Do we need miracles? God is giving us signs!

[L02] Johanes Suoranta, NATHA Helsinki, Finland [EN 50 min]

The occurrences of Divine Signs in various spiritual traditions

[L03] Morgan Arundel, Tara Yoga Centre, London UK [EN 50 min]

The power of attention and the quality of discernment as essential tools for following an authentic spiritual path and overcoming the spiritual tests

22.00-22.30 OMU - recital of electronic music inspired by ancient Romanian tradition

Cătălin Truță (OMU) has been a student of MISA Yoga School since 1995 and has a University degree in composition. His music was used in movie soundtracks, shows and spiritual exemplifications.

Thursday, 14th October

Obor, Hall no.1

SESSION 2

Chairman: Cristian Ion, Romania

16.45 -17.00 Entrance

17.00-17.10 Meditation: *The state of irresistible spiritual ardour towards God*

[L04] Gianina Georgescu, MISA Romania [RO, 120 min]

[W01]

VIJNANA BHAIRAVA TANTRA – 112 exceptional methods for direct spiritual enlightenment and communion with God (lecture and workshop)

[L05] Dan Spătariu, MISA Romania [RO, 90 min]

Conscious mental projection in the superior astral universe, HIRANYA LOKA

[L06] Adina Stoian, NATHA Copenhagen, Denmark [RO, 120 min]

Genetics and Tantra – secrets of the neuro-hormons and couple happiness

Obor, Hall no. 2

SESSION 3

Chairman: Eduard Selea, Czech Republic

16.45 -17.00 Entrance

17.00-17.10 Meditation

- [L07] Cristian Boerescu, MISA Romania [RO, 50 min]
Yoga therapies and preventive Medicine
- [W02] Alexandru Acs, MISA Romania [RO, 50 min]
The kinetic (tactile) perceptions from the distance of the aura
- [W03] Ana Stoian, MISA Romania [RO, 90 min]
Meditation of purification through the grace of Vajrasattva
- [L08] Mihai Stoian, NATHA Copenhagen, Denmark [RO, 90 min]
Sexual continence, the key to achieving supreme happiness

Hall in Pipera 1

SESSION 4

Chairman: Angelika Hünefeld, Germany

16.45 -17.00 Entrance

17.00-17.10 Meditation

- [L09] Doru Bodea, Deutsche Akademie fur Traditionelles Yoga, Berlin, Germany [RO 50 min]
Inner Fire – the essence of the spiritual transformation
- [L10] Yogeshwar Kartik, Vidya Vahini Trust, India [EN 90 min]
Yoga as the way to achieve wisdom – Tattwa darshana upayam - a Vedantic perspective
- [L11] Swami Mahalayananda, NATHA, Academia de Yoga é Tantra, Lisbon, Portugal [EN 90 min]
Ten gates to revelation of the self
- [L12] Uriel Yariv, MISA Romania [EN 50 min]
Comparison between Sacred Esoteric Judaism and Kabala and Sacred Esoteric YOGA

Hall in Pipera 2

SESSION 5

Chairmen: Aurora Nicolae, Andrei Gămulea, Romania

16.45 -17.00 Entrance

17.00-17.10 Meditation

- [L13] Johanes Suoranta, NATHA Helsinki, Finland [EN 50 min]
Synchronicity – glimpsing the unknown, scientific and spiritual viewpoints
- [L14] Andra Bazavan, Bogdan Penescu, MISA Romania [RO 90 min]
Ten important reasons that help us understand why is very good to communicate with the beneficial extraterrestrial beings
- [L15] Marc Allen, Tara Yoga Centre, Dublin, Ireland [EN 90 min]
Anima Mundi: Mysteries of our Planet Earth
- [L16] Lucian Milea, MISA Romania [RO 50 min]
The universal law of resonance. Analogies between the mechanical resonance and the occult one

Friday, 15th October

Obor, Hall no.1

SESSION 6

Chairman: Marc Allen, Ireland

15.45-16.00 Entrance

16.00-16.10 Meditation

- [L17] Swami Mahalayananda, Academia de Yoga é Tantra , Lisbon, Portugal [EN 50 min]
Modern Psychotherapy in the light of the self
- [L18] Doru Bodea, Deutsche Akademie fur Traditionelles Yoga, Berlin, Germany [RO 50 min]
The Law of resonance: from quantum probability to implicit order
- [W04] Monica Dascălu, Savel Călinescu, MISA Romania [RO 50 min]
The miraculous power of symbolic gestures – MUDRAS
- [L19] Cristian Alexandru, MISA Romania [RO 90 min]
The awakening of Consciousness from the perspective of Neuroscience

Obor, Hall no. 2

SESSION 7: SPECIAL SESSION FOR COUPLES

* the themes approached address couples, but access is not restricted

Chairman: Lea Sava, Romania

15.45-16.00 Entrance

16.00-16.10 Meditation

- [W05] Adina Stoian, Mihai Stoian, NATHA Copenhagen, Denmark [RO 90 min]
Couple ASANAS
- [L20] Celestine Andersen, Martin Svensson, NATHA Copenhagen, Denmark [EN 90 min]
Tantric sexuality as a path to ecstasy – the personal experience of a tantric couple
- [L21] Ciprian Fodor, Alexandru Micu, MISA Romania [RO 90 min]
Anatomic-Nervous, endocrine and psycho-energetic mechanisms involved in achieving sexual continence

Hall in Pipera 1

SESSION 8

Chairman: Johanes Suoranta, Finland

15.45-16.00 Entrance

16.00-16.10 Meditation

- [L22] Stine Maria Porsfelt, Tara Yoga Centre, London, UK [EN, 50 min]
Awareness and Relaxation in Tantra
- [L23] Prof. dr. Sanjev Sood, Dayanand Ayurvedic College, India [EN 90 min]

YOGA and AYURVEDA are sister spiritual branches

[L24] Angelika Hünefeld, Deutsche Akademie für Traditionelles Yoga, Berlin, Germany [EN 50 min]

The paranormal power of fulfillment on all the levels by the harmonious detachment from the material world

[L25] Lara Fioretti, Satyasvara - Scuola Internazionale di Yoga, Tantra e Meditazione, Italy [IT 50 min]

Conscious love, a path for spiritual realization

[L26] Roberti Liodori, Satyasvara - Scuola Internazionale di Yoga, Tantra e Meditazione, Italy [IT 50 min]

Nutrition from the Essen Gospel of peace

Hall in Pipera 2

SESSION 9, SPECIAL SESSION: GROUP SPIRITUAL EXPERIENCES

Chairman: Alexandru Acs, Romania

15.45-16.00 Entrance

16.00-16.10 Meditation

[L27] Maria Golubnova, Mihai Ion, Satya Yoga-Center, Saint-Petersburg, Russia [RU 50 min]

The synergic effect of a group in achieving the state of supramental consciousness

[L28] Alina Berciu, Giulia D'Altri, Scuola di Yoga Tripura Sundari, Bologna, Italy [IT 30 min]

The festival of health and holistic disciplines in Bologna, Italy

[L29] Eduard Selea, Sdužení Rezonance, Prague, Czech Republic [RO 50 min]

Psychometry. Practical experiences achieved by a group of yogis

[L30] Giulia D'Altri, Scuola di yoga Tripura Sundari, Bologna, Italy [IT 50 min]

The spiritual evolution of women through the harmonious manifestation of creativity and femininity. Experience from the SHAKTI groups

[L31] Ion Vasile, MISA Romania [RO 50 min]

Simple methods of activating the energetic centers and the subtle structures of the human being's microcosm, using vocal sounds that operate in unison, within a group of harmonious human beings

21.00: Extraordinary Concert at the hall in Pipera 1, performed Jeszenszky Istvan

Istvan Jeszenszky's music offers us the sacred valences of ancient Indian sonorities. The artist invites us to open our heart in order to receive the harmony of divine love. To become the inner serenity that brings peace and joy to the thirsty ones. "Let your soul fully awaken, encourage it to aspire towards the absolute. Dive inside your inner space, where eyes can clearly see and ears can perfectly hear." This is where we meet the everlasting beauty of music. This is where we discover the sublime of genuine art, which truly reflects God.

Saturday, 16th October

Obor, Hall no.1

SESSION 10

Chairman: Maria Porsfelt, United Kingdom

9.45-10.00 Entrance
10.00-10.10 Meditation

- [L32] Angelika Hünefeld, Deutsche Akademie für traditionelles Yoga, Berlin, Germany [EN 90 min]
The possibility of achieving states of ecstasy and other very high states of consciousness through erotic games based on love, transfiguration, perfect sexual continence and consecration of the fruits
- [L33] Foca Yariv, MAHASIDDHA YOGA School, Rishikesh, India [EN 50 min]
Financial continence
- [L34] Doru Bodea, Deutsche Akademie für traditionelles Yoga, Berlin, Germany, Monica Dascălu, MISA Romania [RO 50 min]
The mysteries of intention: from theory and experiment to spiritual practice

Obor, Hall no.1

SESSION 11, SPECIAL SESSION ON SEXUAL CONTINENCE

* the themes approached address couples, but access is not restricted

Chairmen: Celestine Andersen, Martin Svensson, Denmark

13.45-14.00 Entrance
14.00-14.10 Meditation

- [W06] Simona Popescu, Dan Spătariu, MISA Romania [RO 50 min]
21 amorous secrets that make sexual continence a natural method of lovemaking
- [L35] Mirela Chiroiu, Yoga Traditionnelle et Santé, Paris, France [RO 50 min]
Sexual continence - the confluence between oriental tradition and modern sexology
- [W07] Sofian Krüger, Deutsche Akademie für traditionelles Yoga, Erlangen, Germany, Dana Franți, MISA Romania [EN 90 min]
From the roots to the fruits of sexual continence - unveiling and overcoming the hidden obstacles

Obor, Hall no. 2

SESSION 12

Chairman: Gianina Georgescu, Romania

9.45-10.00 Entrance
10.00-10.10 Meditation

- [W08] Angela Petrescu, MISA Romania [RO 90 min]
Activation of intuition through Yoga practice. Methods of objectifying
- [W09] Cristina Coștaș, MISA Romania, cu invitatul Aimen Klimmeron, scriitor [RO 120 min]
What is my mission? Practical methods of identifying our own mission (conference followed by seminar)

Obor, Hall no. 2

SESSION 13

Chairman: Cristina Coștaș, Romania

13.45-14.00 Entrance

14.00-14.10 Meditation

[W10] Doru Bodea, Angelika Hünefeld, Deutsche Akademie für traditionelles Yoga, Berlin, Germany
[EN 50 min]

Hellinger Family constellation therapy and the movements of the Soul

[W11] Nikos Frangi, Eleni Anats, Tara Yoga Centre, London, UK [EN 90 min]

Laughter "Yoga"

[L36] Ioan Mărginean, MISA Romania [RO 50 min]

About paranormal powers. A simple method of using the right temporal lobe of the brain, the channel of communion with God

Hall in Pipera 1

SESSION 14

Chairman: Andrei Gămulea, Gabriela Ambăruș, Romania

9.45-10.00 Entrance

10.00-10.10 Meditation

[L37] Cristian Alexandru, MISA Romania [RO 50 min]

The mystery of the Assembly Point

[L38] Prof. dr. Sanjev Sood, Dayanand Ayurvedic College, India [EN 50 min]

The spiritual meaning of the Indian greeting "NAMASKAR"

[W12] József Boda, ATMAN Jóga Egyesület (Asociația de Yoga ATMAN), Hungary [RO 30 min]

The angels among us

[L39] Lea Sava, MISA Romania [RO 50 min]

Divine miracles performed by exceptional human beings

Hall in Pipera 1

SESSION 15

Chairman: Mihai Stoian, Denmark

13.45-14.00 Entrance

14.00-14.10 Meditation

[L40] Josse Martin Helman, Sdužení Rezonance, Prague, Czech Republic [CZ 50 min]

The four elements

[L41] Adina Stoian, NATHA Copenhagen, Denmark [RO 90 min]

The tantric polarity – feminine, Yin/masculine, Yang in the light of recent scientific discoveries

[L42] Dr. Fischer Szatmári László, Asociația de Yoga Kőrösi Csoma, Hungary [RO 50 min]

Neurophysiologic experimental study regarding advanced yogi's capacity of concentration in the practice of meditation

Hall in Pipera 2

SESSION 16, SPECIAL SESSION FOR COUPLES

* Access is permitted only to people over the age of 18. The themes approached address couples, but access is not restricted to couples

Chairman: Swami Mahalayananda, Portugal

9.45-10.00 Entrance

10.00-10.10 Meditation

- [W13] Simona Popescu, Dan Spătariu, MISA Romania [RO 90 min]
Tantric and Taoist sexual techniques that facilitate achieving the glorious androgynous state in a loving and transfigured couple
- [L43] Mihail Ștefan Teodorescu, MISA Romania [RO 50 min]
About the effects of sexual continence on men and women
- [W14] Eduard Selea, Sdužení Rezonance, Prague, Czech Republic [RO 50 min]
Practical methods of achieving the orgasm without discharge for both men and women

SESSION 17

Chairman: Cristian Ion, Romania

13.45-14.00 Entrance

14.00-14.10 Meditation

- [W15] Florin Hiru, NATHA Yoga Therapy Center, Copenhagen, Denmark [RO 90 min]
Healing through Yoga: incontestable scientific proof of the validity of the philosophical Yoga principles and practical applications
- [L44] Mircea Morariu, MISA Romania [RO 90 min]
KUNDALINI SHAKTI – the mysterious fundamental energy in the human being
- [L45] Dorin Achim, MISA Romania [RO 50 min]
The mystery of God's creation from the perspective of resonance

ora 18 – Festivities in the hall in Pipera 1

Presentation of the yoga schools abroad

Presentation of the online yoga course

Film about the Tantra workshop in London, UK

Initiatic theatre and indian dance show CALL OF PARADISE

Sunday, 17th October

Obor, Hall no.1

SESSION 18, SPECIAL SESSION FOR COUPLES

* the themes approached address couples, but access is not restricted

Chairmen: Nikos Frangi, Eleni Anats, United Kingdom

10.45-11.00 Entrance
11.00-11.10 Meditation

- [L46] Andras Hegyeli, Dr Orsolya Gantner, Kőrösi Csoma Yoga Association – Budapest, Hungary
[EN 90 min]
How man can learn to become sexually continent and how a woman can successfully help in this process
- [L47] Alexandru Radu, MISA Romania [RO 50 min]
Spiritual compromise in the couple relationship
- [L48] Simona Popescu, MISA Romania [RO 90 min]
Sexual continence – the springboard towards mystic ecstasy in a couple
- [L49] Alexandru Acs, MISA Romania [RO 50 min]
The sublimation of emotional traumas through Yoga. New perspectives in Psychosomatics

Obor, Hall no. 2

11.00 – Free session of ASANAS for all those who are curious and wish to experience YOGA techniques

Obor, Hall no. 2

SESSION 19

Chairman: József Boda, Hungary

12.45-13.00 Entrance
13.00-13.10 Meditation

- [L50] Andra Bazavan, Bogdan Penescu, MISA Romania [RO 90 min]
The mysterious and fascinating world of gods
- [W16] Ion Pistol, Luminița Marin, Romania [RO 120 min]
The Divine Game

Hall in Pipera 2

SESSION 20

SPECIAL SESSION DEDICATED TO PRESENTATION OF SCIENTIFIC EXPERIMENTS AND INOVATIONS

Chairman: Doru Bodea, Germany

9.45-10.00 Entrance
10.00-10.10 Meditation

- [W17] Iulian Miu, Scuola di Yoga Ananda, Verona, Italy [RO 50 min]
The use of alkaline water and other methods for rejuvenation and raising the vibrational frequency of the human being
- [L51] Marian Grigorescu, Ionut Giurescu, Dan Dumitru, SC. GRUP T.R.I.D.E.N.T. SRL, Romania [50 min]

Free energy, the hidden truth behind illusion

[L52] Cristina Câmpean, Cornel Hoțiu, MISA Romania [RO 30 min]

An unprecedented scientific experiment that demonstrates for the first time some of the extraordinary effects of the Art of Blessing

[L53] Cristian Constantinescu, Marosy Zoltan, MISA Romania [RO 50 min]

The resonance of the sacred symbolic shapes

Hall in Pipera 2

SESSION 21

Chairman: Cristian Ion, Romania

14.00-14.10 medi

[W18] Mira Munteanu, NATHA Copenhagen, Denmark [RO 90 min]

Make your life a Divine Adventure!

[L54] Irina Childs, NATHA Copenhagen, Denmark [RO 30 min]

God gives us a sign, about the necessity of establishing an Integral Planetary Spiritual University

[W19] Virgiliu Turcu, Romania [RO 30 min]

LASERMIND ® The subliminal power of materializing thoughts

Hall in Pipera 1

The Contest for Promoting the Spiritual Values

8.00-9.00 *Entrance and organizational activities*

9.00-9.10 *Meditation*

The contest will begin with the intelligence test, followed by subtle perception contest. At the HATHA YOGA contest all participants will realize the ASANAS in bathsuit (two pieces, for women).

Attention! Registrations for the contest will be made only on Saturday, 16th October, 11.00-16.00, at all the events in the program.

18.00-19.00 **CONCERT OF THE INSTRUMENTAL GROUP DEVAS**

19.00-20.00 – **PANEL – Nu Apocalipsa! / No Apocalypse!**

20.00 – *Prize award for the Contest for Promoting the Spiritual Values; prize award for the “Best conference contest”*

In the end of the Congress there will be a surprize conference sent by yoga professor Gregorian Bivolaru.

DISCLAIMER: The organizers of the International Yoga Congress “God is giving us signs...” did not censored the content of the materials presented in the lectures and worksops included in the program. Everything that the guests invited to give lectures in this Congress will present, represent completely their opinions and point of view. The organizers of the Congress (MISA) has no responsibility regarding the content of the materials presented. All responsibility belong to the authors and lecturers.